

Meramec Regional Planning Commission
Meramec Region's Opioid Affected Youth Initiative
Consortium Meeting
Thursday, January 14, 2021 at 2:00 PM
Zoom Meeting

MEETING MINUTES

Consortium Members Present: Charlotte Bellsmith (Osage County Anti-Drug Community Action Team), Mickey Boles (25th Judicial Circuit), Dr. Casey Burton (Phelps Health), Jessica Butery (Correctional Nurse), Shawnee Douglas (Washington County Health Department), Heather Durbin (Kids' Harbor), Jim Fleming (City of St. James), Mary Heywood (Mid-Ozark CASA), Linda Kozlowski (Phelps-Maries Health Department), Jamie Myers (Prevention Consultants of Missouri), Laura Powell (Compass Health Network), Felisha Richards (Your Community Health Center), Greg Roebach (Great Mines Health Center), Elizabeth Satterfield (Children's Division), Dr. Sean Siebert (Invent Yourself, LLC), Beverly Williams (Washington County Memorial Hospital),

Project Staff Present: Anne Freand, Christa Harmon, Jane Johannsen, Rebecca Losing, Samantha Maddison, Mark Perkins

Welcome: Members of the Meramec Region's Opioid Affected Youth Initiative and commenced the monthly meeting at 2:02 PM.

Laura Powell of Compass Health Network is the newest member to the consortium with a signed memorandum of understanding.

Consortium Updates:

Felisha Richards of Your Community Health Center (YCHC) spoke to several updates.

1. YCHC is continuing drive-thru Covid-19 testing. At the time of the meeting, Governor Mike Parson announced the opening of Missouri the 1B tier vaccinations, which are scheduled to begin Monday, January 18, 2021. Businesses, organizations, and individuals are encouraged to visit the state Covid-19 website for more information:
<https://covidvaccine.mo.gov/priority/Phase1b/#phase1b-1>.
2. YCHC's Mobile Unit in Salem and Steelville has begun primary care services in addition to behavioral health and medication assisted treatment services.
3. Research from the Missouri Department of Mental Health is predicting a 40% increase in overdose deaths during the first six months of 2020. This data excludes St. Louis County.
4. Missouri is losing funding from a grant that provided free naloxone (Narcan) to health departments in 2021. Future funding was not determined at the time of this meeting.

Jamie Myers of Prevention Consultants of Missouri spoke to several updates.

1. Prevention Consultants of Missouri received a four-year award from the Children's Trust Fund to address child sexual abuse and prevention, primarily in Phelps County.
2. This grant will provide "Stewards of Children" trainings for adults who want to learn the signs of, and preventative actions for, child sexual abuse. The trainings, set to begin in March, are adaptable for groups or individuals, both in-person and virtually.
3. Prevention Consultants has partnered with Kids' Harbor to provide "Safety Matters" in schools, which meets the requirements of Missouri legislation to provide prevention training in all school districts.
4. Kids' Harbor has resources needed for school districts to implement programs that address child sexual abuse and prevention. Inquiries can be directed to Heather Durbin, hdurbin@kharborcac.org, 573-348-6886 (Osage Beach office).

Project Updates:

1. **Too Good for Drugs:** evidence-based substance use prevention curriculum facilitated by Prevention Consultants of Missouri for the July to December 2020 reporting period.

Updates provided by Jamie Myers.

- a. Potosi 8th Grade - 115 students participated.
Pretest scores – 75%
Posttest scores – 91%
 - b. Cuba 7th and 8th Grades - 89 students participated.
Pretest scores – 79%
Posttest scores – 90%
2. **Community Conversations on the Stigma of Opioid Use, Misuse and Recovery:** facilitated by Invent Yourself, LLC for the first quarter of the implementation period, October to December 2020. Updates provided by Dr. Sean Seibert.

The Crawford County Community Conversation was held in Cuba, Missouri on December 16, 2020. Sixteen individuals participated, including four high school students. The high school students led the narrative in front of law enforcement stakeholders, which included Sheriff (Crawford County) Darin Layman, Chief (Cuba Police Department) Doug Shelton, and Deputy (Cuba Police Department) Robert Yates. The conversation lasted an hour and consisted of testimonies of lived opioid misuse experiences. The tone of the conversation was truthful, yet hopeful. The law enforcement stakeholders were able to share their perspectives on the use of naloxone (Narcan) and the first response to overdoses and individuals with opioid and substance use disorders.

3. **Seeking Safety:** implementation has been postponed to late January/early February due to Covid-19 restrictions and Children's Division personnel on maternity leave. Plans for

implementation remain the same, initially working with the 25th Judicial Circuit and Childrens' Division. Analysis for expansion of the program will be done in the future.

4. **Stories from Our Region – the Opioid Epidemic:** the second video will be finalized and uploaded to the Meramec Region's Opioid Affected Youth Initiative's website in January 2021.

5. **MRPC's new YouTube channel:**

<https://www.youtube.com/channel/UCwbcuULRFhsBMMa1g1OihDw>. The channel will be a platform to share educational and promotional content related to the organization's projects.

January's Sub-Committee Involvement: Jane Johannsen will be reaching out to the consortium's committees during the month of January.

St. James Police Department 2020 Opioid/Opiate Statistical Data: The content that was reviewed begins on page four of the minutes. Jim Fleming of the City of St. James aided in the request to the St. James Police Department.

Felisha Richards and Heather Durbin volunteered to distribute the data "wish-list" to Pulaski, Crawford, and Phelps County law enforcement.

IIR Implementation Checklist Review: The content that was reviewed begins on page five of the minutes.

OJJDP PMT and Data Reports: The July 1 - December 31, 2020 progress and data reports are due to OJJDP by January 30, 2021. Jane Johannsen will be submitting the reports to OJJDP.

Questions/Comments: No additional questions or comments were posed.

Adjournment: Meeting was adjourned at 2:45 PM.

Next Meeting: Thursday, February 11, 2021 at 2:00 PM via Zoom. Invite to follow via email.

**Unless otherwise noted, updates were provided by Jane Johannsen, project coordinator for the Meramec Region's Opioid Affected Youth Initiative.*

St. James Police Department 2020 Opioid/Opiate Statistical Data

1. Number of all overdose calls – (28)
 - a. January – June (16)
 - b. July – December (12)
 - c. Adults (27)
 - d. Juvenile (1)
2. Number of opioid related overdose calls – (28)
 - a. Adults (27)
 - b. Juvenile (1)
3. Number of calls Narcan was administered – (23)
 - a. January – June (15)
 - b. July – December (8)
 - c. Adults (23)
 - d. Juveniles (0)
4. Number of all overdose deaths (5)
 - a. January – June (3)
 - b. July – December (2)
 - c. Adults – (5)
 - d. Juveniles (0)
5. Number of opioid related overdose deaths (4)
 - a. Adults – (4)
 - b. Juveniles (0)
6. Number of all drug related arrests (12)
 - a. January – June (4)
 - b. July – December (8)
 - c. Adults (12)
 - d. Juvenile (0)
7. Number of opioid related arrests – (6)
 - a. Adults (6)
 - b. Juvenile (0)
8. Number of all referral calls to Children’s Division - **Unable to generate data.**
9. Number of opioid related referral calls to Children’s Division - **Unable to generate data.**
10. Number of all drug related calls from school district for referrals – (4)
 - a. Due to household drug use – (0)
 - b. Due to juvenile drug use – (4)
11. Number of opioid related calls from school district for referrals – (0)
 - a. Due to household opioid use – (0)
 - b. Due to juvenile opioid use – (0)

IIR Implementation Checklist Review

1. The project's technical assistance provider, IIR, requested the completion of the Implementation Checklist by all grantees' advisory committees.
2. Eight members of the Meramec Region's Opioid Affected Youth Initiative submitted the checklist by December 11, 2020.
3. Most responders answered "yes" to the progress of successful planning/implementation.
 - a. "Partial" reasoning included:
 - i. Composition of Advisory Entity – Membership includes or has direct access to relevant data experts.
 1. *We do have access to relevant data experts and plans to utilize those resources; however, data acquisition and analysis have not yet occurred substantively.*
 - ii. Decision Making and Planning Process – All members consistently attend task force meetings.
 1. *There are times when emergencies with juveniles prevent attendance at scheduled meeting times.*
 2. *It has been hard to make meetings due to Covid-19.*
 3. *A majority can meet virtually.*
 4. *When members' schedules allow*
 - iii. Decision Making and Planning Process – the task force maintains oversight of data collection and analysis activities.
 1. *Data collection and analysis involving external data resources have not yet formally begun.*
 - iv. Decision Making and Planning Process – the resources/partners needed to carry out project activities have been identified.
 1. *We still need a broader youth engagement.*
 - v. Planning Document, i.e., Strategic Plan – Sufficient funds, staff members materials, and time are in place to successfully attain project goals.
 1. *At least through the implementation stages of projects. We are still actively working to increase services.*
 - vi. Planning Document, i.e., Strategic Plan – Project timeline and sequencing of activities are specified.
 1. *Due to Covid-19, it has been hard to get everything needed to proceed to the next phase.*
4. No further comments or additions to the checklist were given.